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Elite Living – Life Coaching Packages

PERSONAL DEVELOPMENT

Elite Living Academy can offer you Elite Living life coaching packages to support, assist, transform and support your personal development. **CHOOSE A LEVEL THAT SUITS YOU!**

Introduction Life Coaching Sessions

Elite Living Discovery Session £60: 60-90 minutes coaching session to explore an area of your life you need support in, find out your biggest challenges and frustrations. This session will empower you with the right guidance and to outline priority areas of your life that needs attention.

Elite Living Coaching Session £100: 90-120 minutes coaching session and life assessment to discover extensively areas of your life you want to change. Discussion and guidance on support needed for helping you to make the right choices, set goals and guide your right path for your bright future.

14 Life Coaching Packages Available

- **Healthy Mind:** Finding ME Again; MY MIND FITNESS Programme.
- **Healthy Body:** Healthy Body- Body Rehab
- **Healthy Relationships:** Relationship BREAK UP programme; Relationship – Finding True Love; Elite Love - Healthy Relationship Programme; Positive & Motivating Parenting; Surviving Domestic Violence – FREEDOM & LOVING LIFE AGAIN;
- **Healthy Finances:** Financial well-being programme
- **Healthy Lifestyle/ Transformation Programmes:** Weekend Coach; Absolutely Fabulous 8- week programme; 12-week body-mind-heart-soul transformational programme; Living well – Ageing well
- **Beauty Queen 4 Week Pageant Coaching Programme**
- **Control Psoriasis – Don't Let It Control You: Clear Psoriasis Programme**
- **VIP Exclusive Elite Life COACHING Package**

ELITE LIVING ACADEMY SOCIAL VALUE: Ask for our Elite Living Special discounts if you have a low income!

You are destined for greater things...

A better life, abundance of wealth, amazing loving relationships and great

health.

HEALTHY MIND – MIND FITNESS PACKAGES

Real-life guidance to support individuals to live well, have greater self-awareness to improve happiness with a positive mind-set

Finding ME AGAIN £500: *I have negative thoughts, the self-talk in my head controls me, I have feelings of anxiety, depression, moods and hit self-destruct. I can't communicate my thoughts well and I get moments of worry and stress. I want to find ME again – please help me.*

What we offer	What difference it will make to YOU
<p>3 Healthy Mind Coaching Sessions (50mins sessions)</p> <ul style="list-style-type: none"> • Self- awareness and unhealthy habits • Addressing negative thoughts – how you can sabotage yourself • Address self-destruction • Understanding self-belief/ limiting belief • Overcome depression • Find out what hurts you • Practice mindfulness • Overcome problems effectively • Understanding how to build rapport and social connections • Build self-esteem / self-image • Daily Journaling 	<ul style="list-style-type: none"> • Find out what keeps you from being yourself • A brilliant foundation to great emotional wealth • Address stresses in your life • Supporting you when you feel stuck in bad habits, bad thoughts and self-destruction • Breaking through being indecisive • Identify your excuses • Understanding real underlying issues • Become more self-aware • Essential guidance to building a good foundation step by step with essential life lessons • Explore the life you really want • Starting a journey to become the best version of YOU

MY MIND FITNESS Programme £1,000: *I want to be a better communicator in relationships with my friends, family, work colleagues/ business partners. I recognise mind fitness is key to success in all areas of life, so I am ready to find out your top secrets, lessons and guidance.*

What we offer	What difference it will make to YOU
<p>6 Healthy Mind Coaching Sessions (60- 90 mins sessions)</p> <ul style="list-style-type: none"> • Building high self-awareness • Understanding how the mind works • Understanding poor mental health • Understanding good mental health • Myer's Briggs personality testing • Building self-esteem/ self-image • Building confidence • Neuro Linguistic Programming (alleviate fears, stress & anxiety) • Understanding representation systems • Understanding limiting beliefs • Building higher self- belief • Positive mindset training- mindfulness • Importance of goal setting • Model and compare exercise • Implementing gratitude • Importance of learning • Goal setting for An Elite Life 	<ul style="list-style-type: none"> • A brilliant foundation for a healthy mindset • Supporting you to learn, grow and master your life in all areas of your life • Essential guidance to building a good positive mindset with greater guidance and top experience from an NLP Trained Practitioner • Learn how to communicate better, challenge yourself and expand the mind becoming a better thinker and understanding life better • Finding your biggest challenges and aware of your personality type • Find out what holds you back most from your dreams • Goal setting to bigger achievements and success • Practicing regular gratitude and mindfulness • Find your natural inner higher self • Challenge risks and get out of your comfort zone • Control your thoughts, feelings, behaviours

HEALTHY BODY PACKAGES

Real-life guidance to support you and enable you to get a healthy body, living well with good habits and big body-mind changes for sustained health and happiness

Healthy Body – Body REHAB £1,000: *I have health challenges and I really need support - please help me achieve and maintain a healthy body. I have a budget to transform my body and want essential health and well-being guidance. I know I want a healthier body and need mind-fitness as well as physical fitness - Can you help me big time to build a healthier ME.*

What we offer	What difference it will make to YOU
<p>10 Coaching Sessions (50mins sessions)</p> <ul style="list-style-type: none"> • Intense work 1-1 on health challenges • Health Assessment • Overcome health problems effectively – importance of MIND FITNESS • Build more self-love • Build self-belief • Control your thoughts, feelings, behaviours towards a good healthy body • Recognising your bad habits • Weight loss resources & support • Detoxing from bad habits • Essential guidance, diet plans and Healthy body resources <ul style="list-style-type: none"> - Good Drinking - Good Nutrition - Good Exercise - Good Sleep - Good Digestion - Good Relaxation - Good Habits • Top role models to follow 	<p>CHANGE YOUR BODY CHANGE YOUR LIFE</p> <ul style="list-style-type: none"> • A brilliant foundation to a healthy body • Understanding & awareness of health challenges • Overcoming body challenges – mind fitness • Body changes for better health • Practicing self-love • More self-belief • Top secrets and guide to a healthy body • Getting you on the right track to master your healthy dream body • More sustained energy back into your life • Clear focus and confidence about your body • Better Drinking • Better Nutrition • Better Exercise • Better Sleep • Better Digestion • Better Relaxation • Better Habits <p>Overall control of your future health and well-being for YOU and YOUR family</p> <p style="text-align: center;">WELLNESS FOR LIFE</p>

HEALTHY RELATIONSHIPS – SCHOOL OF LOVE

Real-life guidance to support individuals to understand themselves in relationships, have better communication, deeper love, with sustainable happiness and better relationships

Relationship Break UP PROGRAMME £500: *I want to get over my ex, I am stuck thinking of my previous relationship and I feel the right thing for me is to move on. I want to invest in myself and need the right steps to regain my life back again. I am hungry for with NEW ME.*

What we offer	What difference it will make to YOU
<p>5 Top Coaching Sessions (50mins sessions)</p> <ul style="list-style-type: none"> • Lessons in heart break • Heal your heart • When loving others is hurting YOU • Lessons from past relationships • Importance of healthy relationships • Relationship Guide 	<ul style="list-style-type: none"> • Essential Break Up guide to moving on with your life after a relationship break-up • Take back control of your life • Become more self-aware of your significant and lessons of your relationship for future happiness • Understand how to control your thoughts, feelings, behaviours and your actions.

Finding True Love £500: *I want a healthy relationship. I have been single for a while, I keep dating the wrong people. What am I doing wrong? I want to give time and investment to help me find my true love. I want to invest in this programme and find a healthy relationship. I want to find out the secrets and the formula to finding my soul mate. I am going to commit and need relationship coaching RIGHT NOW. I am hungry for a relationship and want LOVE NOW.*

What we offer	What difference it will make to YOU
<p>5 Coaching Sessions (50mins sessions)</p> <ul style="list-style-type: none"> • Barriers to finding love • Understanding limiting beliefs that stop you finding love • Understanding past relationships • Love needs analysis • Improved communication • Relationship values • Visualising your ideal relationship • Relationship goal setting • Successful dating top secrets • Secrets of successful loving couples 	<ul style="list-style-type: none"> • Moving from single status to relationship status • Understanding your own behaviours • Understanding your love needs • Finding your relationship values • Build better communication – build emotional intelligence and confidence • Let go off past and learning lessons from past • Understanding perceptual positions • Understand how to resolve problems • Find out what you are really looking for in a relationship • Transform how you can express yourself • Learn to love and build a healthy relationship

Elite Love - Healthy Relationship Programme £2,000: *I want a healthy loving relationship and I need your help. I want to invest in myself and my partner to have greater understanding, better communication and greater love in our relationship. I want an Elite Loving Relationship NOW.*

What we offer	What difference it will make to YOU
<p>10 Coaching sessions (90 Mins)</p> <p>Review Relationship</p> <ul style="list-style-type: none"> • Recognised changes needed in your relationship • Recognise each other's challenges, fears, worries in the relationship • Qualities you both bring to relationship <p>Build a Healthy Relationship</p> <ul style="list-style-type: none"> • Building forgiveness from past • Importance of relationship roles • Importance of relationship values • Understand each other needs/ expectations • Understanding Perceptual Positions • Understanding Love needs • Relationship goals – building your ideal relationship and vision for a fabulous relationship • Neuro Linguistic Programming - building rapport and respect • solving conflict effectively • Healthy Relationship v Unhealthy Relationship • Top tips from exceptional loving couples • Couple Mediation with Music – “Lily was Here” 	<p>Review Your Current</p> <ul style="list-style-type: none"> • Relationship Deciding the vision for your relationship in the future • Understanding each other's behaviours and emotional states • Understanding each other's qualities and roles <p>Build a Fabulous Healthy Relationship</p> <ul style="list-style-type: none"> • Learning lessons from past • Forgiving and let go off the past • Finding out your core relationship values • Build better communication – building emotional intelligence • Understanding perceptual positions to better understand each other • Transform how you can express yourself • A more loving closer relationship • Better understanding to resolve problems and conflict • Transform how you learn, express yourself and grow together, interact and love • Love deeper – understanding each other's love needs in the relationship • Building respect – seeing each other people's versions of the world • Learn to love again, engage and love deeper • Refresh your Love Life: Develop a more passionate intimate relationship

Positive & Motivating Parenting £500 - *I have a great family but I need parent support - I need to discuss my current parenting issues. Please help me to be a successful parent bringing up an emotional wealthy child. I have a small budget and want essential guidance. I know parenting is crucial to my child's future and success.*

What we offer	What difference it will make to YOU
<p>5 Coaching Sessions (50mins sessions)</p> <ul style="list-style-type: none"> • Good parenting guide • Single parenting roles & support • Couple / co-parenting guidance • Roles & responsibilities of parenting • Understanding family pressures • Needs of a healthy family • Perceptual positions • Confidence, Care & Consistency • Mothering wisdom • Toxic behaviours transfer • Communication styles • Vision boards – goal setting • Family meditation • Smart decision making and choices <p>POSITIVE & MOTIVATING PARENTS is designed for parents who need to lead and be a role model dealing with family issues to support high performance with children and teens.</p> <ul style="list-style-type: none"> • Essential Guidance, Tools & Tips of Parenting <p>Empowering parents with the skills they need to release pressures of parenting in everyday life.</p>	<p>A brilliant foundation for parenting</p> <ul style="list-style-type: none"> • Supporting you to support your child/ children to grow as emotionally stable children • Understand your needs and responsibilities • Supporting you when you feel stuck and indecisive with parenting situations • Finding Confidence, Being Caring and Consistent • Mothering support • All teenagers right to learn what their own emotional prosperity looks like • Empower your teens to make smart choices about alcohol, drugs, sex, mental health, family relationships and the pressures they face today. • Listening to what your child is not saying • Hearing your child's silent cry for help. • Learn new listening skills • Find out your child's learning and communication styles • Limiting toxic behaviours that are transferred to children. • Learn how to create new beginnings and dreams/ vision boarding • Increase parenting skills through self-awareness.

Surviving Domestic Violence – FREEDOM & LOVING LIFE AGAIN £500: *I have been hurt, controlled and experience of an unhealthy toxic relationship. I need support in getting ME back to build me life and future. Please help me to have faith in relationships and love again. I want essential guidance and support from survivors of Domestic Violence and from women who are flourishing after experiencing domestic abuse and trauma.*

What we offer	What difference it will make to YOU
<p>5 Coaching Sessions (50 mins sessions)</p> <ul style="list-style-type: none"> • Healthy V's Unhealthy Relationships • Understanding domestic violence • Roles and responsibility of parenting • Needs of a healthy family • Guidance, tools & tips of being a survivor • Recovering from hurt and change • Wisdom from Survivors • Finding Your Purpose - exercises • 1-1 Survivor Support 	<ul style="list-style-type: none"> • A brilliant foundation to building resilience • Supporting you to be more emotionally stable • Grow and Learn – Supporting emotionally stable children • Finding you again and being a survivor • Understand your needs and finding purpose • Supporting you when you feel stuck and depressed or suffering PTSD • Finding Confidence AGAIN in YOU • Mothering Wisdom

HEALTHY CAREER/ FINANCES

Real-life guidance to support individuals to have better success, wealth, abundance with big mindset shifts and new habits

Financial Well-being £500: *I have issues with money and bad spending habits. I am not good at budgeting or financial planning. This affects my home finances and keeps me from having healthy finances. I need you to help me budget and understand what it takes to have an abundance mindset. I know if I get the basics right I will grow as a person. I want to invest in you to save me time and get the best results. I am hungry for abundance and success NOW.*

What we offer	What difference it will make to YOU
<p>4 Coaching sessions (90 mins each)</p> <ul style="list-style-type: none"> • Financial Review – Managing Wealth • Business Review (if you have a Business or want to start a business) • Financial goal setting and planning • Assessment of Current job/ dream job • Understanding you and your family financial needs • Principles of success • Time management • Risk management • SWOT Analysis • Personal & business investment • Financial well-being guide • Building an abundance mindset • Balancing wealth and happiness • Values: Consistency, Care, Challenge • Building motivation & commitment • Addressing procrastination • Tips to achieving more money • Exceptional role models • Importance of gratitude • Problem solving • Reviewing goals and achievements • Importance of celebrating success 	<p>BUILD SUCCESS IN YOUR LIFE</p> <ul style="list-style-type: none"> ➤ Better financial planning ➤ Better budgeting ➤ Better career planning ➤ Vision for the Future with Goal Setting ➤ Better planning for investment- personal and business resources ➤ Investing in you and your career or business to make a bigger impact. ➤ Identifying Strengths, Weaknesses, Opportunities and Threats ➤ Understanding time management ➤ Understanding risk management ➤ Essential skills for financial planning ➤ Learn, grow towards a focused success mindset ➤ Improved financial knowledge and wealth/ abundance mindset for success ➤ Understanding Values: Consistency, Care, building motivation, passion and commitment to strive ➤ Challenge - keeping you on the right path ➤ 10 Things you could do better in work for your lifestyle ➤ Identifying problems quicker and solving them ➤ Reviewing goals for success ➤ Advertising and Celebrating Success

TRANSFORMATIONAL PROGRAMMES

Real life guidance and support to individuals for better life, abundance, amazing loving relationships and great health with sustained happiness and BIG TRANSFORMATIONS.

At the moment ...

- **You feel stuck in your life, love, health, relationships or business**
 - **You're overwhelmed and unsure of your next steps**
 - **You're definitely not living the life you desire**
 - **You think big dreams for your life are out of reach**
- **You need help to chase better health, love, purpose and your dreams**

REACH A HIGHER LEVEL OF LIVING WITH ONE OF THESE PACKAGES

Weekend Coach: £99 *I feel stuck in life, overwhelmed, confused about certain areas of my life. I need the right lessons, the right steps, tools and exercises to challenge myself. I want to change my life: I want to improve my health, love, career, lifestyle and happiness. I am going to invest in me and take this weekend to DO IT. I need to start now and stop making excuses.*

What we offer	What difference it will make to YOU
<p style="text-align: center;">Resources</p> <ul style="list-style-type: none"> • Elite Living Checklist • Elite Living Real Life Plan • Elite Living Book / Guide with worksheets/ Values Assessment • All the necessary self-development • Living for Sustainable Happy Life 	<ul style="list-style-type: none"> • Recognise Weaknesses/ Strengths • Recognise Personal Values and Inner Purpose • Learn about your inner being and grow as a person • Progress on personal development path • Clarity and clear direction and get big AH HA moments Clearer vision and self-awareness

Liberated and Fabulous 8-week Programme £800: *I want a liberated and fabulous life. I want more self-awareness and there are many areas of my life I really need guidance and support in - please help me become a better person and be more fabulous. I need help and I know this small investment will change my life forever. I want essential guidance, I want consistency, I want time for ME as I am always focused on others. I know coaching is crucial to a fabulous life with success*

What we offer	What difference it will make to YOU
<p>8 Week Coaching Sessions (60-90 minutes sessions)</p> <ul style="list-style-type: none"> • Fabulous Living – Life Assessment • Mindfulness & Gratitude • Self-Love – Self-awareness • Self-Love – Confidence, Beliefs • Self-Love – Healthy Body • Healthy Relationships • Healthy Finances & Abundance • Healthy Lifestyle – Visioning and Designing your liberated life 	<ul style="list-style-type: none"> • Empowering you as a woman – Connected to Self • You will feel Absolutely Fabulous • Empowered – Liberated – Achieving • Self-Aware • Health and Well-being • Love yourself, others and love deeper • Time out to get to know yourself better and letting go with self-expression and freedom – authentic and transparent • Dealing with challenges of life • Start loving life more, less fear and harmony

<p>Essential Guidance, Tools & Tips with intense work 1-1 for personal development</p> <p>Essential Health & Well-being exercises</p>	<ul style="list-style-type: none"> • Create awareness of self: body and mind fitness, • A brilliant foundation to supporting you make better decisions in life with clarity and goals • Build better relationships and connections • More positive and grateful life with creativity • More confident and motivated YOU – feminine superpowers • Make an impact and contribution to the world • FINDING THE FABULOUS YOU AGAIN: Fight fears, worries and understand your limiting beliefs.
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12 Week BODY-MIND-HEART-SOUL (Liberated Women Transformation Programme) £2,000:
I want a happy life. I need a coaching programme that works for me as a whole person towards winning my life back taking my life to a new level. I want to create a life I will love. I am ready for a total transformation and BIG LIFE CHANGES.

What we offer	What difference it will make to YOU
<p style="text-align: center;">BODY MIND SOUL HEART TRANSFORMATION</p> <p>12-week coaching sessions</p> <ul style="list-style-type: none"> • Week 1: Elite Living Discovery Session ELITE LIVING ASSESSMENT • Week 2 + 3: HEALTHY MIND • Week 4 + 5: HEALTHY BODY • Week 6,7,8: HEALTHY RELATIONSHIPS • Week 9: HEALTHY CAREER/ FINANCES • Week 10: HEALTHY SOUL x 1 week • Week 11: HEALTHY LIFESTYLE x 1 week • Week 12: Elite Living Plan + Review <p style="text-align: center;">Transformational Exercises, Tools, Resources</p>	<p style="text-align: center;">CHALLENGE YOURSELF MASTER YOUR DREAMS</p> <ul style="list-style-type: none"> • Living through Love – Dream life • Clarity on life decisions • Self-awareness and liberation – You are Enough • Lessons from the past • Emotional Healing – Stop Self destruction • Build Strength - removing fear, stress, worry • Supporting you when you indecisive • Being a liberated woman – surrendering • Integrity, being transparent and being authentic – connecting to feminine powers and empowering beliefs • Moving the Energy – Fully Engaged with Heart and Soul Frequency • Exploring Sexuality • Powerful resources for transformation and change in your life • Breakthrough to your journey towards an Elite Life and wonderful lifestyle – habit breaking • Empowering you to live healthy, happy, successful and fulfilled life. • Unlocking your inner potential, promoting opportunities to be active in the community. • Connected to You and the World • Deep Cleanse your Soul • Personal Journey of self-development and success, taking control of your life, setting goals and taking the right action.

	<ul style="list-style-type: none"> • Producing an ELITE LIVING PLAN – Create a LIFE YOU LOVE • Adventures – Rituals and Space • Stages of Consciousness <p style="text-align: center;">TRANSFORM YOUR LIFE</p> <ul style="list-style-type: none"> • HEALTHY MINDSET • HEALTHY BODY & WELL-BEING • HEALTHY RELATIONSHIPS • RIGHT CAREER/ BETTER FINANCES • FINDING YOUR SOUL PURPOSE • BETTER LIFESTYLE <p style="text-align: center;">A better life, abundance of wealth, amazing loving relationships and great health.</p>
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Living Well - Ageing Well Programme £1,000: *I am aged over 50 and I want to age well. I know life doesn't come with a manual so please help me readjust my life. I need to regain confidence with your essential knowledge and experience in developing health & well-being programmes and how to age well. I know Ageing Well is crucial to happy life so share with me happiness after age 50 and support me to enjoy and love life.*

What we offer	What difference it will make to YOU
<p style="text-align: center;">5 Top Coaching Sessions (60 minute sessions)</p> <ul style="list-style-type: none"> • Elite Living Well Guide • Materials and Resources • Emotional Wealth • Health & Well-being • Family Needs v Your Needs • Understanding Gratitude • Importance of Connections • Positive Ageing – Take 5 Steps 	<ul style="list-style-type: none"> • How to get involved in Age Friendly schemes • Finding your purpose - volunteering • Understanding family needs V's your needs • Importance of being grateful • Connected more to your friends and community • Building emotional resilience • Understanding primary love languages • Better health & energy for full engagement in our life • Ageing Well – Loving Life with 5 Simple steps

VIP Exclusive Elite Life COACHING Package £10,000: **I want to transform my life NOW.** I want help with personal development and success coaching for the next year to live an **ELITE LIFE**. I need help with everything from beginning to the end so you decide the coaching I need. I am committed and I really want you to help me. I would like a free 30-minute discovery session NOW. Changing my life and being successful takes time and investment. I am ready to **MASTER MY ELITE LIFE, WITH LOVE, HAPPINESS AND SUCCESS.**

SPECIALIST PACKAGES

Beauty Queen Pageant Coaching - 4 Week Programme £500: *I want to be a beauty queen and I have the passion to make it happen. I want elite coaching with your experience and expertise on pageant coaching. I really need your support - please help me achieve my dreams. I need help but I have a small budget but want essential guidance. I know pageant coaching and investment in ME is crucial to my success.*

What we offer	What difference it will make to YOU
<ul style="list-style-type: none"> • 2 top coaching sessions from Miss World 2015 - Top 20 Contestant Leanne McDowell (50 mins sessions) • Essential Guidance, Tools & Tip • Understanding Beauty with a Purpose • Beauty with a Purpose Presentation • Building your brand • Intense work 1-1 Coaching & Top Tips as a Beauty Queen • Interview Q & A's with Miss World 2015 previous contestant Leanne McDowell • Pageant World Top Success Tips <p style="text-align: center;">£20 Pageant Guide Sold Separately</p>	<ul style="list-style-type: none"> • Building rapport with fans • Building rapport with judges • Building your brand as a beauty queen • A brilliant foundation to the pageant world • Finding your beauty with a purpose • Greater confidence, motivation • Top guidance and top experience • Essential tips and guidance for pageant success – get noticed • Great answers to top questions

Control Psoriasis – Don't Let It Control You: Clear Psoriasis Programmes (£80 - £1,000)

I have Psoriasis and it gets me really down, depressed and I don't want to go out of the house. It controls me and my lifestyle. I really need support - please help me clear my psoriasis and show me how you done it. I need essential guidance. I know you have the solutions and expertise to clear my psoriasis too.

What we offer	What difference it will make to YOU
<p>1) £80 Drug Free Programme Essential Guidance, Tools & Tips Clear Psoriasis Book/ Manual: What is Psoriasis, what triggers it, latest research, how to manage it, how to clear it, how to control it, relief and effective treatments</p> <p>2) £400: 3 Coaching Sessions Online Presentation, Information and Fact Sheets/ Diet Sheets All of the above</p> <p>3) £600 + 5 Coaching Sessions from our Psoriasis Support Clinic</p> <ul style="list-style-type: none"> • Tailored skin clear programme • Diet Programme • 30-day skin clear challenge 	<p style="text-align: center;">A NEW LEASE OF LIFE</p> <ul style="list-style-type: none"> • You will feel healthier, manage weight, making the right choices to start living again – become ALIVE • Support and empathy from myself who suffered for years 27 years and now psoriasis free • Essential guidance to step by step how to change your lifestyle • More self-love • Happier and confident • Find out your triggers to flare ups • Controlling this chronic skin condition forever • Lifestyle changes for a better life <p style="text-align: center;">You are worth it Do it my way for CLEAR SKIN GET RESULTS!</p>

ALSO SPECIALISING IN BUSINESS & CHARITY SUPPORT PACKAGES:

- **ELITE MASTER COACHING PROGRAMME:** Certified Life Coaching Courses – Training, Content, Resources, Business Planning
- **BUSINESS DEVELOPMENT SUPPORT PACKAGES:** Create a Successful Business
- **BUSINESS SUPPORT PACKAGES:** Monitoring, Impact Reporting, Staff Coaching
- **CHARITY SUPPORT PACKAGES:** Sustainability Planning, Impact Reporting, Staff Coaching
- **BOOK WRITING COACHING PACKAGES:** Inspire Others with Your Hidden Story